Does an inside floater change the place of action of soccer players?

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Abstract

The number of players is a type of condition that enables coaches to include neutral players, in order to create the context of offensive numerical superiority as a means to encourage the performance of actions in the offensive and defensive halves (Martín Acero & Lago Peñas, 2005). Floaters are used to support teams within the offensive phase of the game (Hill-Haas, Dawson, Coutts, & Rowsell, 2009). This study aims to examine if an inside floater can change the place of action of soccer players. The sample comprised 18 U-11 players. The instrument used was the System of tactical assessment in Soccer - FUT-SAT (Teoldo, Garganta, Greco, & Mesquita, 2011). Two kinds of small-sided games (numerical equality - "GK+3vs.3+GK" and numerical superiority - "GK+3vs.3+GK+1") were performed in a 36mx27m area, during 4 minutes each. To examine differences between both arrangements paired t-test was performed (p<0.05) through SPSS 22. Results did not display significant differences in the place of action in the playing field between both arrangements, in both offensive and defensive tactical actions within offensive and defensive halves. Thus, the place of action in the playing field of U-11 players did not change when an inside floater was included.

References


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